

PALLIATIVE CARE SEMINAR

17 November 2018

Overview

This one day symposium facilitated by palliative care specialists and experts is aimed at enabling you to deliver quality care and support to patients, carers and families during palliative stages of terminal illness.

By utilising skills and knowledge acquired during the day, you could make a significant difference to patients to live a full and dignified life until the end of their journey.

Attendance will support you to effectively communicate with palliative care patients and families; reduce suffering associated with palliative care symptoms such as pain; prevent, identify and manage palliative emergencies and complications; initiate and support advance care planning directives; provide the necessary psychosocial support to patients, carers and families and provide care and support at the end of life stages of terminal illness.

“You matter because you are you, and you matter to the end of your life. We will do all we can not only to help you die peacefully, but also to live until you die.”

– Cecily Saunders

Who should attend?

- Nurses
- General Practitioners
- Medical Officers
- Allied Health Professionals

Date	17 November 2018
Time	9.00am – 5.30pm
Location	Corbett Room Level 1 – Whitty Building Raymond Terrace, South Brisbane
Cost	\$300 (inc GST)
Book now	matereducation.qld.edu.au/Palliative-Care Mater People – please register your interest via MOVES
Enquiries	Please contact René Huysamen at 3163 7570

Course Structure

Communicating when things change

Through learning more about the experiences, needs, feelings and emotions of palliative patients, carers and families acquire effective skills to facilitate informed patient centred decision making during advance care planning, palliation and end of life stages.

Advance care planning

This presentation on legal issues around advance care planning and review of documents will support you to confidently initiate discussions and record advance care directives, in order to facilitate patient centred decision making and care delivery, utilising available networks and referral pathways in your area.

Psychosocial and spiritual support

Includes a session on 'Financial Toxicity' and psychosocial impact of disease. Learn about strategies and tools to identify complicated grief by survivors and initiate care pathways. Find out more about how to support patients and families considering cultural and linguistic diversity influences. Explore the meaning and importance of spirituality and how to support patients to reflect on the meaning of life.

Symptom management

Brief overview of common palliative symptoms focusing specifically on pain management. Learn more about effective pain therapies, indications for use, dosage calculations, side effects and opioid drug conversions.

Palliative emergencies and complications

Presentation and case studies to provide you with the necessary knowledge to prevent, or early diagnose and treat palliative emergencies and complications.

End of life management

What is a 'good death' and how is it facilitated? - Discover the complexities surrounding this concept and how to approach support and care provision at end of life.

Our Presenters

Dr Janet Hardy

Director of Palliative and Supportive Care at Mater Health Services, Medical Director of Mater Cancer Services and Cancer Program Leader in the Mater Research Institute. She holds a chair in Palliative Medicine from the University of Queensland. As Clinical Research Programme Leader for the Centre for Palliative Care Research and Education in Brisbane, she leads QPCRG, the Queensland Palliative Care Research Group. She has played a key role in PaCCSC since its inception and has lead clinical trials of pain and nausea within the collaboration. Her current major research interests are in defining a role for medicinal cannabis in symptom control, research methodology in palliative care, opioids in pain management and the use and abuse of corticosteroids.

Our Presenters (cont'd)

Dr Rohan Vora

Senior Staff Specialist in Palliative Medicine based at Mater Private Hospital. He is interested in supportive Care for all patients undergoing active treatments in their last 6-12 months of life and early referrals to Palliative Care even when undergoing acute treatments aimed at prolonging life. He aims to maximise realistic patient choice by transparently aligning clinician, patient and family expectations of treatment outcomes. Rohan also uses advance care planning tools for assisting decision making that is patient centred and in the setting of patients' choosing in the last 6-12 months of life or earlier. He measures meaningful outcomes of treatments in palliative care and transparently measures and audits outcomes for terminal phase care for patients, families and multidisciplinary staff, with a view to continuous quality improvement of care in this phase. He also looks at how medical acupuncture may be used to help as an adjunctive treatment option for symptoms in palliative care.

Dr Phillip Good

Director of Palliative Medicine at St Vincent's Private Hospital Brisbane, Senior Specialist in Palliative Care at Mater Health Services and Associate Professor at the Mater Research Institute - The University of Queensland, Australia. He works towards combining clinical practice in palliative care with research aimed at improving patient outcomes.

Dr. Amy Chi

Lead Clinical Psychologist with Mater Cancer Care Services. Her interest in working in palliative care is the opportunity to support patients utilising a grief-informed framework to create a psychological safe space to sit with intrinsic distress and suffering.

Anne Hardy

Anne is a senior social worker in Cancer Services and has worked in the role for the past 11 years at Mater Health Services. She has worked with all cancer diagnosis and has a special interest in providing counselling and support to patients and their families in palliative care, end of life care and advance care planning.

Emily Gibson – Social Worker at Mater Cancer Care Centre

Emily values working with Palliative Care patients as it enables her to connect with patients and their families for support with facing the emotional and practical challenges with adjustment and planning for a quality of life with family, and advance care planning.'

Decima Jones – Clinical Nurse Consultant, Palliative Care

Decima has been working as a Palliative Care Nurse since 2000, in palliative care units, community teams and acute hospitals. For the last 10 years, Decima has worked at the Mater as a Clinical Nurse Consultant providing nursing assessment, advice and support for palliative care patients and their families in the acute ward setting and outpatient setting. This support and education extends through to medical, nursing and allied health staff. Prior to working as a palliative care nurse, Decima worked in the area of Radiation Oncology for over 10 years.



Mater Health Services

Mater Hill, South Brisbane campus map